



stay Calm

with  **POLA**

Brain nerve stabilizer

- relieve stress
- sleep aid
- relax muscle



Accessible
mental health
for Everyone



technology

POLA is micro electroceutical device capable of stress & body care.

Mental Care (Purple) : Patented non-invasive trigeminal nerve stimulation technology applied clinically proven to relieve stress, relax muscle, and improve sleep quality within 90 seconds.

Body Care (Blue, Green, Yellow) : Offering electric muscle stimulation integrated technology that enables body care through muscle contraction relaxation

mode

PURPLE

Stress care mode
(attach it only to the forehead)

BLUE

Dynamic
massage mode

GREEN

Tapping
massage mode

YELLOW

Kneading
massage mode



step1
Clean & side on
your forehead



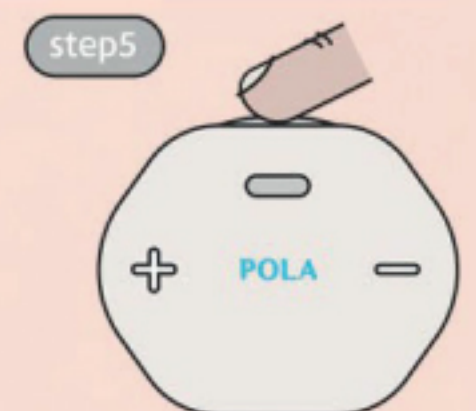
step2
Press mode button
& change mode



step3
Attach the device
on your forehead



step4
Press (+,-) button
to adjust the intensity

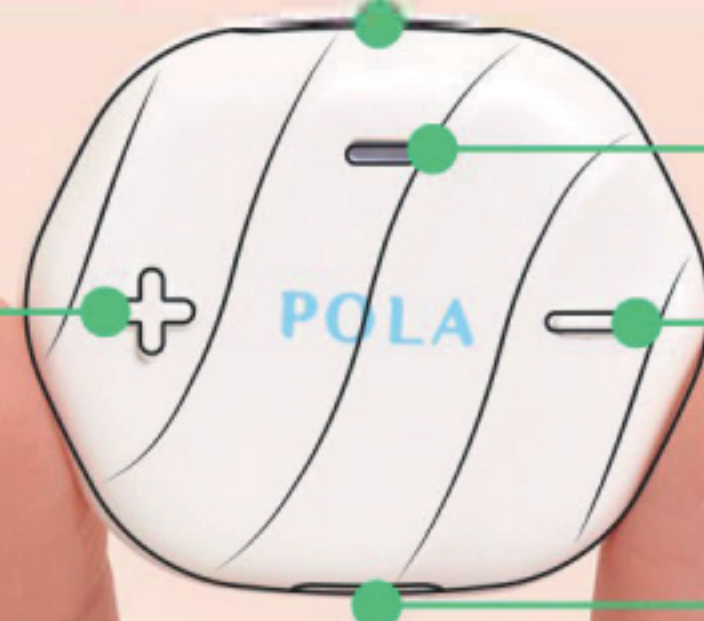


step5
To turn off,
long press mode

device

power on & off, select mode

mode start,
increase intensity



monitor
led

decrease
intensity

USB type-C port



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